

School Dance Styles

Association de Danse

CALMA Y LENTO

Count : 32 Wall : 4 Level : Absolute Beginner

Choreographer : Gregory Danvoie (06/2019)

Music : Calma Pedro Capo

S1- Side, together, side, together X2

1-2 RF step to the side, LF together

3-4 RF step to the side, LF together

5-6 LF step to the side, RF together

7-8 LF step to the side, RF together

S2- K step

1-2 RF step fwd in diagonal R, touch LF next to RF

3-4 LF step back in diagonal L, touch RF next to LF

5-6 RF step back in diagonal R, touch LF next to RF

7-8 LF step fwd in diagonal L, touch RF next to LF

S3- Jazz box with 1/8 turn X2

1-2-3-4 Jazz box with 1/8 turn to the R

5-6-7-8 Jazz box with 1/8 turn to the R

S4- Step fwd X3, kick, step back x3, touch

1-2 RF step fwd, LF step fwd

3-4 RF step fwd, LF kick fwd

5-6 LF step back, RF step back

7-8 LF step back, RF touch next to LF



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